



*UNIVERSITY
OF
MANAGEMENT AND TECHNOLOGY*

School of Professional Psychology
We train professionals

Trainees' Handbook

Session 2021-2025

(PLEASE READ THIS DOCUMENT AND CONSULT REGULARLY)

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Welcome to the School of Professional Psychology Programmes!

We congratulate you on completing the selection process successfully. You have decided to join a small group of highly able, enthusiastic, innovative, resourceful and dedicated professionals who have vowed to serve humanity, honestly and sincerely, for its betterment though your personal and professional skills.

These training programmes has been designed to inculcate the essential attitudes, knowledge and skills that are required by a professional clinician. We aim to raise the quality of our training to the highest possible level, to improve basic qualifications and enhance the professional standing that clinical psychologists deserve. You, the trainee and we the trainers are going to work together for these aims as a cohesive team.

We train professionals! As you see this is our slogan. All our programs are geared to one goal-*professionalism*. That is why you are *trainees* and not “students”. Don’t let anyone call you otherwise. Once you complete the courses successfully, you will become a Professional Clinical Psychologist.

School of Professional Psychology

Vision Statement

Our vision is to ensure the development and application of the discipline of Clinical Psychology to the highest level of professional excellence. and provide maximum benefit to society. We would like to see the philosophy and practice of clinical

psychology to have its roots to our society and culture so that we could investigate readily and easily understand problems endemic to our society. We would like to see the Clinical Psychologist, with knowledge, training, skills and experience, playing an important contribution in management of human behaviour in almost all areas of life like health, mental health, education, special education, industry, growth and development, promoting adjustment and positive life style. Therefore, creating a society in which one can realize one's potential and deal with and others with honesty, dignity, and respect. We would like to see a clinical Psychologist as an accomplished professional with high moral values to carry out his responsibility with care and sensitivity.

Mission Statement

Our mission is to raise the standard and quality of training of Clinical Psychologists to the highest level of professionalism with knowledge and expertise required to function in the role of a scientist- practitioner and meet the needs of all factions of society.

We shall continue to look for new venues for application of our knowledge and expertise, new areas of concern, new vulnerable population and emerging issues. We shall develop new courses and specialism to expand our knowledge and understanding in diverse fields where mental health plays a key role in recovery and rehabilitation. Taking a special care for the problems that are endemic to our society and modify our views, perceptions, in more healthy and humane directions respecting the individual rights without bias, prejudice and discrimination.

Our mission statement is:

“We will endeavor to raise the standards of teaching, training and expertise of clinical psychologists to international levels, to meet mental health needs of the people and serve the community at large with professionalism, dedication and commitment through scientific methods and procedures developed and validated indigenously”.

At present, the school offers the following programs:

- PhD in Clinical Psychology,
- MS in Clinical Psychology,
- MS in Counseling Psychology
- BS in Clinical Psychology.

- MPhil in Psychology
- BS in Psychology

It is with immense pride and pleasure we share with you our working in UMT for the last 8 years. We have produced a total of 9 PhD and 360 MS Clinical and Counseling graduates. We have published a total of 54 original research papers in reputable professional journals and taken up to 314 research projects. To date, 5 ‘National’, 3 ‘International’ and one ‘e-conference’ has been organized. We are planning to add new courses in the near future.

Professionalism brings with it not only a high status, but also extra responsibilities that amateurs don’t have to bother with. As the time goes on you will discover that true professionals always keep up high standards, follow a generally agreed value system, maintain objectivity, observe impartiality, practice justice and respect all fellow human beings. Also, as professionals, we should remain sensitive to feelings, others as well as our own. From now on you will be required to behave with professional dignity and self – respect at all times.

Programme description for BS Psychology Programme

Introduction

At UMT, BS Psychology is a 4-year program that focuses on behavior of people in the perspective of social sciences. It introduces students to the fundamental principles of psychology, various fields within psychology and methods used in psychological research. As a field psychology studies areas as diverse as clinical behavior problems, child development, workplace violence, self-esteem, racial prejudice, memory, decision making, mental illness, cognition and effect of different drugs on the brain. Psychologists also learn to critically evaluate "common sense" knowledge about how people function. Education in psychology, by its subject matter and method of study, develops and promotes the following skills and insights in learners.

- Critical & creative thinking skills
- One-on-one and small group communication
- Understanding of individual human behavior
- Knowledge of group and organizational behavior

Purpose

The purpose of teaching Psychology in UMT includes; One, service to the discipline and profession, Two, promotion of the science of psychology through training of future generations in psychological science. Presently, there are 5 full time faculty members and other professionals associated with hospitals and research organizations who teach and supervise students. Lab facilities also exist here.

Resources

A collection of over 300 psychology books and electronic database of (Springer Link and Science Direct) research journals are among the vital resources available on campus.

Junior students sign up for experiments and psych tests for experience.

Scope & Career Opportunities

After completing 4-year degree in psychology, one can work in:

- Health centers, schools, labor relations and training development and the government.
- More specifically, one can be employed as lecturer, school psychologist, Probation officer, Psychologist in Special Education or Personnel Psychologist in ISSB.

- There are a variety of jobs for psychologists in social sector NGOs.
- With a higher degree (M Phil /MS) in Psychology that requires, research, writing and practice, one can work in universities, research organizations, hospitals, and counseling / rehabilitation

Eligibility Criteria

Intermediate certificate with minimum 45% marks

Admission Criteria

Applications are evaluated on the basis of previous academic record and written test or Interview.

Programme description for MPhil Psychology Programme

Program Objectives

The M. Phil Psychology program will prepare its participants for a broad spectrum of careers spanning academic, public, private, and non-profit institutions and organizations. Even though this program is primarily geared towards those who are pursuing research and teaching careers, it is also designed to expand career prospects in several other fields that required expertise in applied psychology and related areas. Our graduates with this degree may choose to take up career in Teaching or Research. They would have a fair chance of getting a job in Psych-Counselling settings and other applied areas of psychology. They can be employed as Psychometrician / Psychologist in Human Resource settings, armed forces, Inter Services Selection Board, Public Service Commission, and in other private sectors, such as national and international NGOs.

Admission Criteria

- a. 16 Years of formal education (M.Sc. in Psychology, applied Psychology or BS (4 years) in

Psychology, Applied Psychology, Behavioral Sciences, Clinical Psychology) with no more than one second division or less than 2.50 CGPA throughout the academic career.

- No third division in entire academic career.
- Pass any of the following with 50% marks:

1. GRE / GAT / NTS (General); or

2. Admission Interview by UMT Graduate Admission Committee

- Minimum 50% marks in previous degree in case of annual system or 2.50/4.0 CGPA in case of semester system in the degree awarding institution for admission in UMT MS programs.
- Fulfilled the minimum criteria of HEC for admission in MS program. Meet the specific eligibility criteria, if any, of the department / school concerned.
- In case of an equivalent foreign qualification, an equivalent certificate from Higher Education Commission is mandatory.
- In case the foreign degree/transcript is in any language other than English or Urdu, an officially translated copy of the degree/transcript is mandatory.
- An officially translated copy is the one verified by the degree awarding institution, respective foreign ministry or an authorized public notary.

Programme description for BS Clinical Psychology

Mission

In keeping with the spirit and the letter of the mission statement of SPP, we will ensure that we provide the students of BS Clinical Psychology teaching and training of highest standards of basic knowledge and practices based on current evidence based knowledge.

Program Objective

To ensure that the student is provided with

Accurate knowledge, understanding and the scope of Psychology

Develop skills and scientific approach to understanding behavior

To use this knowledge ethically and appropriately

Curriculum

The curriculum is designed in line with the HEC guidelines and our experiences of teaching and training of Psychology at home and abroad. Both theory and practice of Psychology are adequately presented in curriculum.

Eligibility Criteria (Minimum Criteria for Admission)

- A prospective applicant to an Undergraduate Program must have
- Intermediate or equivalent (12years) qualification with minimum (50 %) marks
- In case of O level, A Level, American High School Diploma or any other equivalent foreign qualification (50%) marks or grades etc.

- (50%) passing marks in NAT/Admission Test and Interview are required for admission
- Any other requirement as specified by the HEC/ UMT/ ICP or regulatory body

The BS Clinical Psychology programme is a 4 year programme consisting of 8 semesters, where the students are required to complete a total of 136 credit hours, with 6 courses in each semester. The first two years involves studying cohort courses followed two Major Courses, whilst studying purely major courses in the last two years. The students are moreover suppose to fulfill the requirement of ‘Research Thesis’ in the last year of the BS programme.

Programme description for MS Clinical Psychology

Introduction

This two-year full time degree course for MS in Clinical Psychology is a fully developed comprehensive programme designed to train professional clinical psychologists. This course was first introduced in Pakistan in 2005, is now based at UMT Lahore. This programme retains several innovative features that are designed to:

- Improve the training of Clinical Psychology in Pakistan to international standards and ensure the independent standing of Clinical Psychology as a professional discipline.
- Meet the growing needs and changing demands of the health services and the community and explore new areas for application and research.
- Retain School Psychology as an integral part of this programme to help the main stream school children in intellectual and emotional growth.
- Further develop the scientific basis of Clinical Psychology by orientating and directing research towards indigenous issues and problems.

Aims of the Course

The main aims of this course are to help the trainees:

- Develop competence in basic clinical skills and be able to deal with a wide range of problems in different age groups in various clinical and community settings.
- Comprehend psychological problems within the framework of diverse scientific theories with effective, efficient and evidence based professional clinical practices.

- Master the most important and widely used methods of psychological assessment and therapeutic interventions and use these judiciously.
- Carry out essential research in the field of Clinical Psychology.
- Conduct themselves in a professional and ethical manner at all times.

Eligibility Criteria:

- BS (Hon) in Psychology with CGPA of 2.5/4.00 or M.Sc Psychology with 1st Divor 60% marks from a reputable and HEC recognized University.
- The candidate is selected on the performance of the Admission Test and Interview.
- Personal suitability to become a Clinical Psychologist is essential.

Course Structure

- This Two Year training programme in Clinical Psychology is a full time course, spanning four semesters
- Throughout the course an integrated model is adopted where lectures, workshops and placements take place simultaneously. This approach embraces the spirit of professional education and training in action.
- Each trainee will be assigned a tutor – a member of the faculty whom the trainee will meet regularly in small group meetings for tutorials, seminars and for guidance. The tutors will also monitor and evaluate the trainee's, progress throughout the program.

Course Contents

- This is a practice based course in which two-thirds of the time will be spent on practical training under supervision of qualified professionals.
- The academic course accounting for the remaining time will cover these broad areas – Childhood & Adult Disorders, Psychological Assessment of Children & Adults, School Psychology, Research Methods, Professional & Ethical Issues, and a Research Project.

Programme description for MS Counseling Psychology

The Department of Clinical Psychology has launched the Two-Year MS Counselling Psychology Program, first time in Pakistan in 2015. This professional program of training in counselling psychology theoretical as well as applied. This course provides a thoroughly supervised training by qualified professionals with a declaration to abide by

agreed ethical standards at all times. The training should be visibly geared to meeting the needs of the community. The professional counselling psychologist should ensure to achieve professional excellence and mastery in their field and continue to improve their standards by keeping abreast with the new developments.

Eligibility Criteria:

- BS (Hon) in Psychology with CGPA of 2.5/4.00 or M.Sc Psychology with 1st Division 60% marks from a reputable and HEC recognized University.
- The candidate is selected on the performance of the Admission Test and Interview of ICP UMT Lahore.
- Personal suitability to become a Counselling Psychologist is essential.

Programme description for PhD in Clinical Psychology

The Department is offering PhD in Clinical Psychology as from December 2012. The structure and the contents are in accordance with HEC regulation. The minimum time for completion of the degree is 3 years. The course work comprising 18 credit hours divided into two semesters over one year as attached in Appendix F.

Eligibility Criteria:

- BSc (Hons.) in Psychology from an HEC recognized University with CGPA of 2.5+
- MS (Clinical) CGPA 3.0+ from a reputable course with individually supervised placement experience of working with children, adults and in schools and a clinically orientated research project.
- GAT 50%
- Admission will be offered on passing a written entry test and a successful personal interview.

Time Table

Our normal working timings are 8:30am - 4:30pm, Monday –Friday. Each working day is divided in different sections and you will be notified about that in advance and the information will be available on the internet.

Please check the UMT website and the School of Professional Psychology page on the Facebook regularly.

Placement Period in the MS Programmes

At the end of the Induction period your time table will include placements for one morning a week (8am-1pm) academic work will continue in the afternoon sessions (2:00 - 3:30). Your regular placement period will be about 16 weeks. You will have to develop a **portfolio** detailing all your clinical and counseling work during the Semester. From your portfolio you are supposed to reflect your clinical knowledge and skills before the end of the Semester.

Clinical Counselling Center

This Counselling Centre is set-up under the School of Professional Psychology, Department of Clinical Psychology- University of Management and Technology, Lahore. This centre has been planned specifically to provide psychological services with the need of community, the type of therapy and counselling that the public may need from trained, qualified and professional clinical psychologists. The Counseling Services were established in 2012 and more than 700 clients including students and staff have visited till now.

Mission Statement

To provide professional psychological help to the public who have different problems in different areas of life. The counselling centre will cater for people of all ages and with all sorts of psycho-social and emotional behavioural problems. This consultation will improve the mental health functioning, enhance wellbeing and train individuals to become independent.

Aims and Objectives

The main purpose is to provide expert psychological services to the people with emotional, psychological and behavioural problems. We will cater for all age groups and the diverse issues brought up by the public.

Library (Halima Khurshid)

There is a small collection of books and some journals available in the Department. Use these *with respect*. The guidelines for assessing departmental library books include:

1. Books will be issued only between 12:00- 1:00 pm
2. Not more than two books will issued at a time.
3. Books should be returned within three days.
4. If the books are overdue more than three days, student will be penalized.

5. Reference books, thesis and journals can be consulted in the department and will not be issued.

In addition to Institute's library, there is a University library and you should become a member to avail this facility. Also, there are many journals available through e-library. We have access to them through the internet use this facility as much as you can.

There are some basic texts each trainee should own a copy of. You would be advised about it soon.

Psychological Tests: (access through Ms. Sabrina Asim)

We have a collection of psychological tests, very few are indigenously developed. Use them *with caution*. Guidelines for having access to tests are:

1. All students are directed to issue the tests one day before they need it for administration.
2. Tests can be issued only between 12:00-1:00 pm daily.
3. Manuals will not be issued to the students
4. No one can issue any test without the written and signed permission of the in-charge of testing lab.
5. Students will have to fill in the issuing register to get the test.
6. The students will have to return the tests to the in charge.
7. On returning the tests, the students will have to get clarification around the condition of the test from the in charge.
8. All the tests are property of the Department, students are not allowed to photocopy the tests.

We carefully monitor the use of tests that are not valid and reliable for our culture. You will be advised on that too. If you know of any tests, please let us know.

Journal- Clinical and Counseling Psychology Review (CCPR)

Clinical and Counselling Psychology Review – CCPR Founded in 2017, the CCPR is a peer-reviewed forum devoted to research, assessment, and practice. CCPR is a biannual journal that includes original research articles, review articles, and single case studies.

Aim and Scope

Clinical and Counselling Psychology Review (CCPR) is a peer-reviewed biannual research journal which aims to publish empirical research, innovative ideas related to indigenous psychology and practices in the area of clinical and counselling

psychology. CCPR welcomes original research articles, single case, and experimental studies relating to local, cultural, and social issues. Also, CCPR accepts papers on psychopathology, psycho-diagnostics, psychological assessments and the psychotherapeutic processes that exemplify the application of current theories and practices in the field.

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IPC Lab

The University provides facility of computers and they are freely accessible. All the latest software are available there MS Office, SPSS, and In Page. Printing facility was also available in the IPC lab where you can make your own account for printing.

Printing and photocopying

Printing and photocopying requirements will be largely trainee's own responsibility. There are ample facilities available in and around the University.

As trainee professionals please remember

- 1- You are responsible for your own learning. We will provide you with the opportunity to learn; it is your job to make the most of it.
- 2- You have to be punctual and regular at all times. Your attendance will be marked for *every* class and activity. You are required to have at least 80% attendance in every part. We do not have *repeats* of lessons. So if you miss something you have missed it! It is up to yourself to find out from your fellow trainees what you have missed. No allowances can be given for your being absent, regardless the reason.
- 3- The department requires you to follow the 10 minute rule (i.e. attendance will not be marked after first 10 minutes of class starting time) in the morning and 5 minutes rule for the afternoon classes.

- 4- If you are absent, it is your responsibility to inform the office as soon as possible with the reason.
- 5- During the class keep you mobile phones switched off – no not even the silent mode, stand-by or on vibration. It should remain *switched off*!! (That goes for the staff too!).
- 6- Keep the general noise level to the minimum. Eating or drinking in the classrooms and labs is not allowed.
- 7- Students are not allowed to take/use/upload faculty (solo/group) pictures on facebook or any other social network without their permission.
- 8- Students are not allowed to call/text faculty and staff after 4 o'clock and on weekends. In case of emergency only CR's are allowed to call the respective person.
- 9- Intimate and personal messages for teachers are not allowed to share on facebook by students.
- 10- As soon as you get university identity card, you are required to display it at all times while you are at the university.
- 11- Follow a decent dress code.
- 12- We work in an environment of mutual cooperation and coordination at all times. It is our responsibility to keep it like that. We have same aims and objectives. Remember we are on the same side.
- 13- We believe in being mutually courteous and in Clinical psychology we believe that everyone deserves respect.

Code of Ethics

A code of ethics has been developed for the Clinical Psychologists, trainees and students. During your stay at the Institute you are expected to follow these guidelines strictly. *See Appendix A*

Appendices

Appendix A

Code of Ethics

For Clinical Psychologists, Trainees and students

1. I will treat all human beings with dignity and respect regardless of their gender, age, orientation, color, creed, ethnicity, culture, disability, religion or socioeconomic status and will not violate their human rights.
2. I will not make any false, deceptive or fraudulent statements concerning my training, experience or competence, academic degrees, affiliations, scientific basis for degree of success, fees, or their research findings or publications, nor will I let others believe in my competence that I do not possess. Or make any public statements that are false, deceptive or fraudulent concerning my research practice of persons or organizations with which they are affiliated.
3. I will not claim degrees or credentials unless they are earned from accredited institutions and approved training courses.
4. As a trainee clinical psychologist I will not engage in any clinical activity without a direct supervision of a qualified and experienced Clinical Psychologist.
5. My work will be based on scientific and professional knowledge of the discipline.
6. I will refrain from undertaking any work that might be affected by my personal feelings or emotional or mental state, however temporary.
7. I will not engage in any activity that might be exploitative, harmful or abusive, demeaning to fellow professionals, trainees, colleagues and clients.
8. I will refrain from entering a multiple relationship with the client that might impair my objectivity, competence or effectiveness in my functions as a clinical psychologist. If such a situation has arisen, I will take reasonable steps to resolve it with due regards to the best interests of the client and maximum compliance to the ethical and moral codes.
9. When indicated and professionally appropriate I will cooperate with other professionals in order to serve their clients effectively and appropriately.

10. When undertaking research or provide assessment, therapy, counseling, I will do my utmost to provide an appropriate explanation to the clients and seek the assent of the individuals or their guardians.
11. I will take steps to ensure that the clients continue to receive services in the event of interruption due to absence, illness or relocation.
12. I will undertake every precaution to protect confidential information on my clients however stored.
13. I will not disclose any information of my clients that might betray their identity to a third party without their prior permission, mainly for scientific or professional purposes and only with persons clearly concerned with such matters and disclose only to the extent necessary to achieve the purposes of the consultation.
14. I will always follow time scheduled for session. In case of any emergency inform the client beforehand or leave a message for them.
15. I will not engage directly or indirectly in any form of solicitation of business or credit from those who may be vulnerable to undue influence.
16. I will maintain records of data relating to the clients so that they may be used for evaluation of the service allow for replication of research and analysis to ensure accuracy.
17. I will ensure that the information cannot be accessed by unauthorized persons.
18. I will be responsible to ensure that my training programme provides appropriate knowledge and experience and meets my professional requirement.
19. I will not indulge or involve in any activity that might endanger my professional standing of the professional clinical psychology.
20. In case of my conviction for unlawful or criminal activity I will cease to continue the training in and practice of clinical psychology.
21. The Academic Committee of the Department of Clinical Psychology, University of Management and Technology Lahore has agreed the following policy on the right of authorship of publication of research, case studies and official planning or policy documents.
 - i. All contributors, assistants and helpers shall be fully acknowledged in all publications.

- ii. In case of a single author only his or her name shall appear on the manuscript.
- iii. In case of multiple authors, the order in which author's name shall appear in the publication shall depend on the relative contribution of each author has made to the publication. Such matters shall be decided by the Department's Academic Committee before the draft of the manuscript is finalized.
- iv. Normally the first author shall be responsible for handling correspondence with the publisher and shall liaise with other authors as and when necessary. The Department's Academic Committee may however, deem it necessary to give this responsibility to another author if the main author is unable to discharge this duty.
- v. The corresponding author shall keep the others informed about the progress being made regarding the publication.
- vi. All those whose name do not appear among authors but have helped and assisted in the project shall be fully acknowledged under a separate heading.
- vii. A standard letter from Department's Academic Committee signed by all authors shall accompany the manuscript sent to the publisher.
- viii. All members of Institute's Academic Committee, students and scholars shall accept the policy of the DEPARTMENT.

Trainee Clinical Psychologist

Appendix B

Road Map of Courses in Department of Clinical Psychology

School of Professional Psychology

Scheme of Studies for BS Psychology

BS 4-year Psychology program offers the following scheme of studies:

Compulsory Courses	27 Cr. hrs
General Education Courses	24 Cr. hrs
Foundation and Major Courses	73 Cr. hrs
Electives Courses	6 Cr. hrs
TOTAL	130 Cr. hrs

Appendix C

BS in Clinical Psychology Programme

Program Code: 381

Total Credit hours: 136

Semester/Year	Name of Subject	Course Code	Credits	Category
First	English-I		3	compulsory
	Pakistan Studies		2	compulsory
	Mathematics		3	compulsory
	General Education Course-I	ED-208	3	General
	General Education Course-II	ED-209	3	General
	Introduction to Psychology	CP-100	2	Foundation
	Applications of Psychology	CP-101	2	Foundation
			18	
Second	English-II		3	compulsory
	Islamic Studies		2	compulsory
	General Education Course-III		3	General
	General Education Course-IV		3	General
	Introduction to Clinical Psychology	CP-102	3	Foundation
	Clinical Psychology - Practicum	CP-103	1	Foundation
			15	
Third	Communication Skills (Eng III)		3	Compulsory
	Basic Computer Skills		3	Foundation
	General Education Course-V		2	Compulsory
	General Education Course –VI		3	General
	Bio-psycho-social and spiritual Perspectives in Clinical Psychology-Integrated	CP-201	2	Foundation
	Child and Adolescence Disorders	CP-202	2	Foundation
			15	
Fourth	Communication Skills (Eng IV)		3	Compulsory
	General Education Course –VII		3	General
	General Education Course –VIII		3	General
	Brain, Bio chemistry & Behavior	CP-203	3	Foundation
	Adulthood Disorders	CP-204	3	Foundation
	Clinical Shadowing	CP-205	2	Mandatory
			17	
Fifth	Psychopharmacology	CP-301	3	Foundation
	Ethics in Clinical Psychology	CP-302	3	Foundation
	Clinical Case Studies (Child)	CP-303	2	Foundation
	Cognitive Assessment	CP-304	3	Major
	Research Methods-Theory	CP-305	3	Major
	Introduction to Statistical Methods	CP-306	3	Major
			17	

Sixth	Personality Assessment	CP-307	3	Foundation
	Introduction to Psychological Interventions	CP-308	3	Foundation
	Clinical Case Studies (Adult)	CP-309	3	Major
	Research Methods-Applied	CP-310	3	Major
	Research Report Writing	CP-311	3	Major
	Data Analysis	CP-312	3	Major
			18	
Seventh	Clinical Counselling Psychology	CP-400	3	Major
	Psychotherapies	CP-401	3	Major
	Clinical Case Studies (Counselling)	CP-402	3	Major
	Social Psychology	CP-403	3	Elective
	Educational Psychology	CP-404		
	Positive Psychology	CP-405	3	Elective
	Health Psychology	CP-406		
	Neuro-rehabilitation	CP-407		
	Sport Psychology	CP-408	3	
	*Research Synopsis (Maj)	CP-409		
			18	
Eighth	Culture and Clinical Psychology	CP-410	3	Major
	Experimental Psychology	CP-411	3	Major
	Community Psychology	CP-412	3	Major
	Forensic	CP-413	3	Elective
	Organizational Psychology	CP-414		
	Political Psychology	CP-415	3	Elective
	Drug Addiction	CP-416		
	Psycho Traumatology	CP-417		
	Ecological Psychology	CP-418	3*	
	Research Thesis (Maj)	CP-425		
			18	
Total			136	

Appendix D

MS in Clinical Psychology Programme

Program Code: 146

Total Credit Hours: 48

	Credit hours
Semester I: Basic Foundations of Clinical Psychology	12
CP-600: Basic Clinical Skills	3 CH
CP-605: Psychopathology	3 CH
CP-610: Psychological Interventions	3 CH
CP-615: Clinical Shadowing	3 CH
Semester II: Childhood and Adolescence	13
CP-620: Developmental Psychopathology	3 CH
CP- 625: Clinical Placement and Case Studies (child)	0+4 CH
CP- 630: Research Methods	3 CH
CP- 631: Professional and Ethical Issues in Clinical Psychology	3 CH
Semester III: Adulthood & Senescence	10
CP-635: Adult Disorders (Assessment and Psychotherapies)	3 CH
CP-640: Clinical Placement and Case Studies (Adult)	0+4 CH
CP- 641: Statistical Methods in Clinical Psychology	3 CH
Semester IV: School Psychology and Research Project	13
CP-651: School Psychology	3 CH
CP-655: Clinical Placement and Case Studies (School)	0+4 CH
CP-645: Thesis	6CH

Appendix E

MS in Counselling Psychology Program

Program Code 257

Credit Hours 42+6=48

Semester-I: Foundation of Counselling Psychology **12** **CH**

Course Code	Course title	CH
CPP-601	Fundamentals of Counselling Psychology	3 CH
CPP-610	Advanced Counselling Skills and Techniques	3 CH
CPP-611	Counselling Shadowing	3 CH
CPP-645	Professional and Ethical Issues in Counselling	3 CH

Semester-II: Child Counselling Psychology **12** **CH**

Course Code	Course title	CH
CPP-630	Child Counselling	4 CH
CPP-620	Research Methods in Counseling Psychology	4 CH
CPP-627	Case Studies (Child)	4 CH

Semester-III: Adult Counselling Psychology **12** **CH**

Course Code	Course Title	CH
CPP-615	Adult Counselling	4 CH
CPP-635	Statistical Methods	4 CH
CPP-642	Case Studies(Adult)	4 CH

Semester-IV: Specialized Area **12** **CH**

Course Code	Course Title	CH
	CPP 655: Health Counselling CPP 656: Relationship Counselling	3 CH
CPP-660	Case Studies (Specialized Area)	3 CH
CPP-650	Thesis	6 CH

Appendix F

Evaluation System and Schedule BS Clinical Psychology (Mid and Final term)

Mid Term (1-8 Weeks)

Total Marks 100%

- | | |
|---|------|
| 1. Project/Presentation, Assignment & Class Participation | 20 % |
| 2. Mid-Term Examination | 25% |

End Term

Total Marks

- | | |
|-------------------------|-----|
| 1. End-Term Examination | 40% |
|-------------------------|-----|

Appendix G

Evaluation System and Schedule MS Clinical & Counseling Programmes (Mid and Final term)

<u>Mid Term (1-8 Weeks)</u>	Total Marks 60%	Week
3. Quiz (Three quiz)	20 %	3 , 5 & 7
4. Assignment (Two)	10%	4 & 6
5. Presentations (Two)	20%	2 & 5
6. Class Participation	10%	3 & 7
<u>End Term (9 -16 Weeks)</u>	Total Marks 40% Written Exam	
2. 5 subjective questions	10 marks each (2 Theory, 2 Applied)	40%

Appendix H

PhD Clinical Psychology

Road Map of PhD in Clinical Psychology

Semester 1

Courses

CP700: Advance Quantitative Research Methods in Clinical Psychology

CP720: Advance Assessment Techniques in Clinical Psychology Research

CP740: Cross-Cultural Perspectives Clinical Research

Semester Credit Hours

Semester 2

Courses

CP760: Advance Qualitative Research Methods in Clinical Psychology

CP800: Advance Statistics on Computer

Area of Specialization

CP780:Developmental Psychopathology

CP781:School Psychology

CP782:Social Psychology and Personality

CP783:Clinical Forensic Psychology

CP784:Health Psychology

CP785:Sports Psychology

Semester Credit Hours

Total 18 CH Course work

Semester I

Courses

Advanced Quantitative Research Methods in Clinical Psychology

Advanced Assessment Techniques in Clinical Psychology Research

Cross- Cultural Perspectives in Clinical Research

Total Semester Credit Hours

Semester II

Courses

Advanced Qualitative Research Methods in Clinical Psychology

Area of Specialization

Advances Statistics on Computer

Total Semester Credit Hours